



Turkey, Apple, Cheddar Pasta Salad Shaker

Chef Katie Sutton, of Food and Drink Resources, developed several clever pasta shaker salads. They're a perfect to-go meal that holds well. Assemble them ahead in dome-lidded parfait cups and let each customer add dressing and shake the ingredients to mix.

Turkey, Apple, Cheddar Pasta Salad featured at center of photo.

Instructions

Cook the Barilla® pasta for 1 minute less than the time indicated on the package. Drain pasta and drizzle with some olive oil to prevent from sticking. Place pasta flat on sheet trays or hotel pans and cool in a blast chiller. Alternatively, cool it down in a walk-in cooler. Store in zip lock bags or sealed plastic container; refrigerate and use within several hours.

In each cup, layer 1/3 cup apples, 2 Tbsp cheese, 2 Tbsp bacon, 1/4 cup turkey, 1/2 cup pasta, and 1 Tbsp green onion. Cover and refrigerate.

Package 1-oz. containers of dressing on the side. Refrigerate with the salad shakers.

Ingredients

- 1 1/2 lb. Barilla Rotini
- 8 cups diced Honey Crisp Apples
- 3 cups shredded cheddar cheese
- 3 cups cooked, chopped bacon
- 6 cups julienned roasted turkey
- 1 1/2 cups diced green onion
- 1 1/2 cups cider vinaigrette

Nutritional Info

This information is per serving.

Nutrition Facts

Serving Size 1

Servings Per Container serving

Amount Per Serving

Calories 477

Calories from Fat 189

% Daily Value*

Total Fat 21g	32%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 62mg	21%
Sodium 859mg	36%
Total Carbohydrate 49g	16%
Dietary Fiber 3g	12%
Sugars 28g	
Protein 24g	48%
Vitamin A 4%	Vitamin C 83%
Calcium 13%	Iron 10%

Allergy Information:

*Percent Daily Values are based on a 2,000 calorie diet.

Please note: for the purpose of the nutritional assessment, total sodium does not include salt added to the cooking water. When salt is listed "as needed" in the ingredient list, 1 tsp total is included in the analysis.